

# COVID-19 SWAB GUIDE & COLLECTION PROCEDURE

Due to increased global demand for viral swabs we are providing the below alternate products for respiratory testing including COVID-19.

*As of 4 May, DHHS has updated their guidelines to recommend deep nasal and throat swabs for COVID-19 collections.*

SWAB NAME	SWAB IMAGE	ORDER CODE	COLLECTION METHOD
Orange Top		684739	Throat & Nasopharyngeal or Throat & Deep Nasal (Recommended)
Edwards Yellow Top VTF		698883 swab & 698882 vial	Throat & Nasopharyngeal or Throat & Deep Nasal (Recommended)
Green Top Viral (Viral Transport Medium)		646825	Throat & Deep Nasal  Not to be used for Nasophayngeal
Green Cap (Liquid Viral Transport Medium)		646825	Throat & Deep Nasal  Not to be used for Nasophayngeal
Red Top dry Viral		684738	Throat & Deep Nasal  Not to be used for Nasophayngeal

Collection Instructions PTO

# COLLECTION INSTRUCTIONS

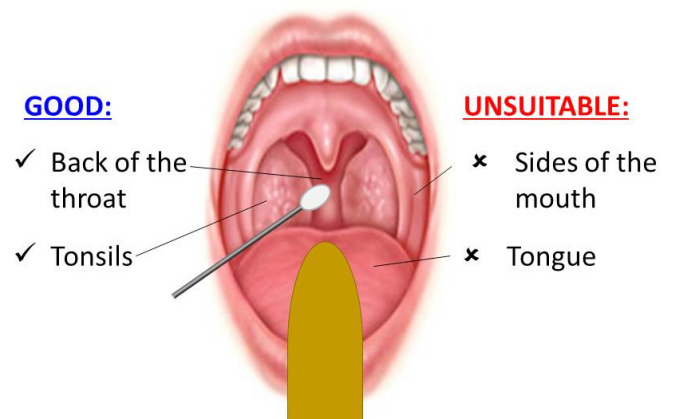
## COVID-19 PCR THROAT & DEEP NASAL SWAB COLLECTION PROCEDURE

**THE SAME SWAB IS USED TO COLLECT THROAT AND DEEP NASAL SAMPLES FROM EACH PATIENT.**

**Strict infection control guidelines to be followed.**

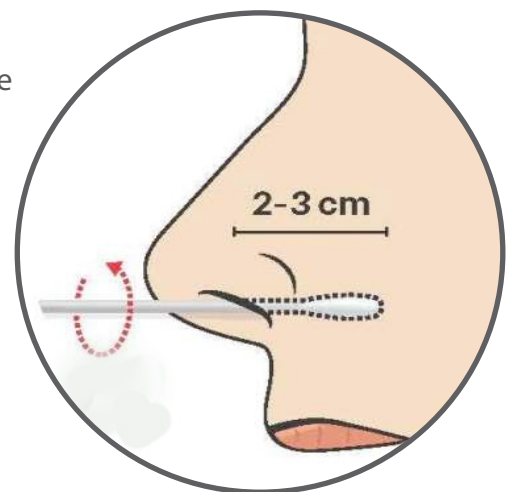
### Throat Swab

- Patient is to open mouth and extend tongue, saying "Aahh".
- Place tongue depressor firmly on the back of the tongue.
- Holding the swab stick by the plastic cap, swab both tonsils and the posterior pharynx.
- Avoid touching the tongue or mouth to avoid contamination.



### Deep Nasal Swabs (Using the same swab as the throat)

- Ensure the patient has tissues
- Stand to the side of the Patient to perform the swabs
- Using a pencil grip and while gently rotating the swab, insert the tip 2–3 cm (or until resistance is met) into the nostril, parallel to the palate.
- Gently rotate the swab several times against the nasal wall.
- Withdraw the swab and repeat the process in the other nostril.



Place the swab into the viral transport tube and snap off the tip of the swab where the shaft is scored.

- Label the tube with patient name, date of birth, date and time of collection.
- Have the patient confirm the details recorded on the specimen are correct.
- Store and transport at Room Temperature.