

Integrative Health Profiles

TESTS INCLUDED

	COMPREHENSIVE BIOCHEMICAL ANALYSIS	ELFTs, FBC, Plasma Zinc, Plasma Copper, Caeruloplasmin, Whole Blood Histamine, Homocysteine, Vitamin D
	GENERAL WELLBEING (FASTING)	FBC, ESR, ELFTs, CRP, HDL/LDL, Iron Studies
	GENERAL WELLBEING EXTENSIVE (FASTING)	FBC, ESR, ELFTs, CRP, HDL/LDL, Iron Studies, Vitamin D, Vitamin B12, Folate, Glucose
	THYROID BASIC	TSH, FT3, FT4
	THYROID FULL	TSH, FT3, FT4, Reverse T3, Thyroid Autoantibodies
	FEMALE HORMONE	Oestradiol, Progesterone, FSH, LH, Prolactin, SHBG, Testosterone, Androstenedione, DHEAS
	MALE HORMONE	Testosterone, Calculated Free Testosterone, SHBG, DHEAS, FSH, LH
	COELIAC DISEASE	Deamidated Gliadin Peptide Antibodies, Tissue Transglutaminase IgA, Total Serum IgA
	VITAMIN B12 AND FOLATE DEFICIENCY	FBC, Vitamin B12, Folate, Serum Folate, Intrinsic Factor, Antibody, Gastric Parietal Cell Antibody, Homocysteine
	CARDIOVASCULAR (FASTING)	ELFTs, High Sensitive CRP, Fibrinogen, Homocysteine, HDL/LDL, Apolipoproteins A & B, Lipoprotein (a), Glucose
	DIABETES MONITORING (FASTING)	Glucose, HBA1c, HDL, Lipids, Urine Microalbumin
	FULL GASTROINTESTINAL	Faeces MCS & OCP, Faecal Multiplex PCR, Clostridium difficile Toxin, Helicobacter pylori Stool Antigen, Calprotectin, Coeliac Serology, ANCA, ASCA
	METHYLATION	MTHFR, Homocysteine, Folate, Vitamin B12, FBC
	NUTRITIONAL AND METAL TOXICITY	Serum Caeruloplasmin, Serum Copper, Blood Manganese, Plasma Selenium, Plasma Zinc, Urine Arsenic, Blood Lead, Blood Chromium, Blood Mercury, Urinary Iodine
	COPPER:ZINC	Plasma Copper, Plasma Zinc, Caeruloplasmin,
	STRESS/FATIGUE	ANA, ENA, EBV Serology, DHEAS, Early Morning Cortisol (blood)
	OBESITY (FASTING)	Interleukin-6, MTHFR, HOMA Index (1 x Fasting Glucose, 3 x Fasting Insulin)
	INSULIN RESISTANCE (FASTING)	Lipid Profile (HDL, Cho, Tri), HOMA Index (1 x Fasting Glucose and 3 x Fasting Insulin)
	NEURO IMMUNOLOGY	24hr Urine Catecholamines, 24hr Urine Metanephrines, 24hr Urine 5HIAA