

Patient Instruction Sheet

Collection of Mid-Stream Urine for Microscopy and Culture

INSTRUCTIONS FOR MALE PATIENTS

Equipment

- 1 Sterile urine jar
- 2 Towelette(s)

Procedure

1. Wash hands.
2. If uncircumcised, retract the foreskin and cleanse around the opening of the urethra with the towelette(s) provided.
3. Avoid touching the inside of the container and the lid.
4. Pass a small amount of urine into the toilet and **without stopping the stream** collect approximately 25mls of urine into the specimen container (i.e. half fill the container). The remaining urine is passed into the toilet. Return foreskin to correct position (if uncircumcised).
5. Screw the lid tightly and label container with your:
 - Surname
 - Date of Birth
 - Given Name
 - Time and Date of Collection
6. Return the sample to the collection centre as soon as possible **on the day of collection**. If there is any delay, refrigerate the specimen.